

Recommended Sports Eye Wear for Kids

BASEBALL

I recommend this type of eye wear for baseball, because it gives you protection from: balls, bats, gloves, and ultraViolet light
 Faceguard (attached to helmet) made of polycarbonate material and sports eye wear like the one below.



Injuries that can be prevented from using this type of sports eye wear are:

- Scratches to the cornea
- Blood spilling into the front part of the eye (hyphema)
- Traumatic cataract
- Retinal Detachment
- Blindness from a ruptured eye

BASKETBALL

For basketball I recommended the sports eye wear shown below this type wraps around the face to prevent injuries to the eyes from fingers, elbows, or other foreign objects.



Injuries that can be prevented from using this type of sports eye wear are:

- Fracture of the eye socket
- Scratches on the cornea
- Blood spilling into front part of eye (hyphema)
- Traumatic cataract
- Detached retina
- Blindness from a ruptured eye

SOCCER

This type of sports eye protection is recommended for soccer. This type has tinted lenses to prevent damage from ultra violet light and a solid frame that is closed on the side to prevent injuries from hands, feet or other body parts.



Soccer (con't)

Injuries that can be prevented from this type of eye wear are:

- Scratches to the cornea
- Blood spilling into the eye's anterior chamber (hyphema)
- Traumatic Cataract
- Retinal detachment
- Blindness from a ruptured eyeball

FOOTBALL

I recommend that a polycarbonate shield attached to a faceguard and sports eye wear shown to prevent injuries from hands, fingers, and other foreign objects that can get between the helmet to the face.



Injuries prevented from this type of sports eye wear are:

- Scratches on the cornea
- Blood spilling into the eye's anterior chamber (hyphema)
- Traumatic Cataract
- Retinal detachment
- Blindness from a ruptured eyeball

PAINTBALL/AIR SOFT GUN

A full face shield and eye protection is recommended for paintball and for an air soft gun. This type of protection will protect the eye and face from the impact of a paintball or BB traveling at a high rate of speed.



Injuries that can be prevented from using this type of sports eye wear are:

- Fracture of the eye socket
- Scratches on the cornea
- Blood spilling into front part of eye (hyphema)
- Traumatic Cataract
- Detached retina
- Blindness from a ruptured eye

SWIMMING

I recommend swim goggles like the ones on the right to help prevent Chlorine or salt water from irritating the eyes. Swim goggles can have prescription put in them to improve visibility in the water and for some water sports protect the eyes from fingers, hands or other foreign body parts



Injuries that can be prevented from wearing swim goggles can be:

- Scratches to the cornea
- Blood spilling into the front of the eye
- Traumatic cataract
- Retinal detachment
- Blindness from a ruptured eyeball

Sports Eye wear can be purchased at Broome Optical at 3408 Olsen (806) 355-5633



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